



**HAMPTON**

**HAMPTON FITNESS**

COMMERCIAL FREE WEIGHT EQUIPMENT

**2011 ELECTRONIC BROCHURE**

[www.HamptonFit.com](http://www.HamptonFit.com)



Available with straight steel handles



Blue handles are available by special order only

## Gel Grip™ Urethane Dumbbells

No other dumbbell attracts more attention and excitement than the Gel-Grip Series Dumbbell. The Gel-Grip urethane handle prevents your hand from moving during your workout. Its non-porous surface does not collect germs or bacteria as other knurled handles do. Our stainless steel face plates offer custom engraved decals for your brand name recognition.

*Available from 5-lbs. to 52.5-lbs. in 2.5-pound increments and 55-lbs. to 130-lbs. in 5-pound increments.*

## Urethane Barbells

Hampton's Urethane barbells feature a traditional camber bar and straight bar options. The 20-lb. to 110-lb. sets are cambered and the 25-lb. to 115-lb. set is straight. The stainless steel faceplate can be custom engraved to add your facility's logo or name.



**gel-grip**  
S E R I E S™



# GEL-GRIP SERIES



### Dura-Lock End Cap

Hampton's unique Dura-Lock end cap system is virtually maintenance free.



## NEW Pro-Style Urethane Dumbbells

Hampton's New Pro-Style Urethane Dumbbell is backed by a Five Year Commercial Warranty. It's a new twist on the classic pro-style fixed dumbbell, which is extremely efficient and effective for any health club environment. The Urethane Plates are secured by our patented DURA-LOCK end cap system, therefore, virtually Maintenance Free. The Pro-Style Urethane Dumbbell is equipped with three handle options: the Urethane Coated Snug-Grip, Contoured Steel, and Straight Steel. Sizes available from 5-lbs. to 130-lbs. EZ Curl and Straight Barbells are also available ranging from 20lbs.-110lbs.

### Available with Snug-Grip

Snug-Grip's contoured handle supports the hand's natural arch, creating a comfortable, solid grip. The outside shoulders of each handle have been expanded to 50 mm, which centers the hand and prevents the painful impact caused by old-style handles that can slide during workouts. Since you don't need to grip the weight so tightly, you can focus more attention on the muscle you're targeting.

CP-PUB-C-20-110



CP-PUB-S-20-110

Can be customized with the following handle options:

### Urethane Snug-Grip SGH



### Contoured Chrome DDH



### Straight SDH



# PRO-STYLE URETHANE DUMBBELLS



Dura-Bell™  
U.S. Patent No. 6,099,443

## Dura-Bar™ Club Packs

Based on Hampton's premium dumbbell line, Dura-Bar fixed barbells have a patented design for durability that can't be matched. Heads are securely fastened with a uniquely designed pin mechanism that means this equipment is about as low-maintenance as it gets.



## Urethane Dura-Bell™ Dumbbells

Extremely reliable, Urethane Dura-Bell fixed dumbbells have a patented design that makes them maintenance-free. Urethane encased heads minimize damage to floors and equipment. The ergonomic handle is hardened chrome and secured to the heads with our own patented process. Dura-Bells are so reliable, we guarantee their structural integrity.



## Studio Club Packs

Our incredibly sturdy Studio racks are ideal for small areas.



## Stadium Club Packs

Three-tiered Stadium racks were made exclusively for the Dura-Bell. Each tray is set at a different biomechanically correct angle, making racking easier.



### Urethane Dura-Bell 2.5 thru 50 Stadium Club Pack

795-lb. set with three-tiered stadium rack. Set includes half sizes: 2.5, 7.5, 12.5, and a 5 thru 50-lb. (5-pound increments). 53" W x 40" D x 28" H.

CP-DB-3T-A

### Urethane Dura-Bell 2.5 thru 100 Stadium Club Pack

2700-lb. set with two, three-tiered stadium racks. Set includes half sizes: 2.5, 7.5, 12.5, and a 5 thru 100-lbs. (5-pound increments).

106" W x 40" D x 28" H.

CP-DB-3T-B



# DURA-BELLS



FDG



#### **Dura-Lock End Cap** *(optional upgrade)*

Hampton's unique Dura-Lock end cap system makes the Fixed Gray Dumbbells virtually maintenance free.



FBGC



FBGS

Fixed Gray Dumbbells can be customized with the following handle options:

#### **Urethane Snug-Grip** SGH



#### **Contoured Chrome** DDH



#### **Straight** SDH



## Fixed Gray Dumbbells

The fixed gray dumbbell has been an industry standard forever, but the Hampton difference is in the quality and features. High-quality baked gray enamel finish resists flaking and adds to its rugged good looks. Equipped with the patented Dura-Lock end cap system, this dumbbell weighs in as your heavyweight champ.

# FIXED GRAY DUMBBELLS & BARBELLS





CP-CH-2T



CP-CH-3T



CP-CH-V2-8

## Chrome Beauty-Grips™: European Design

The European style design is what sets Hampton's Chrome Beauty-Grips apart. Inlaid urethane knurling makes these dumbbells as easy to handle as they are on the eyes. Hydraulically-pressed heads create a permanent bond with the handle. The unique hard-chrome heads flow toward the handle in a conical shape, giving it a sleek look. The appearance is simply outstanding.

All Chrome Dumbbells available in 2.5-pound increments from 2.5-lbs. to 30-lbs. and 5-pound increments from 35-lbs. to 50-lbs.

# CHROME BEAUTY GRIP DUMBBELLS



### Ultra-Bell Club Pack

Club Pack includes:

Six pairs (2.5, 5, 7.5, 10, 12.5, and 15-lbs.)

CP-UBL

or (5, 10, 15, 20, 25 and 30-lbs.)  
with suspension rack.

CP-UBLH

## Ultra-Bell™

The eye-catching suspension rack highlights Hampton's unique Ultra-Bell dumbbells, now featuring Gel-Grip urethane handles. Polished chrome adds flair, while detailed rubber rims protect floors and equipment.



# ULTRA-BELL DUMBBELLS

## Neo-Hex Aerobic Dumbbells

These dumbbells are completely encased in neoprene for a comfortable ergonomic grip and a rustproof exterior that will not damage your floors or walls. Hampton Fitness' neoprene dumbbells are available with easy-to-read weight markings. The rack holds a full set of 44 pairs and features a locking mechanism to secure the weights when not in use.



### Neo-Hex 44 Pair Aerobic Dumbbell Club Pack

535-lb. set with 44 pair security rack.

Set includes 44 pairs of Neo-Hex Aerobic dumbbells: 12 x 2-lbs., 10 x 3-lbs., 8 x 5-lbs., 7 x 8-lbs., 7 x 10-lbs.

40" W x 24" D x 42" H.

CP-NHR

NH-CASTERS  
(optional)



# NEO-HEX DUMBBELLS



## Urethane Jelly Bells™

The Jelly Bell urethane aerobic dumbbells are truly one of a kind. The translucent urethane coating is backed by the industry's only 5-year commercial warranty. Available in 2.5-lb. increments from 2.5 to 15-lbs. Try our club pack today or customize yours to fit your needs.



**JB-CASTERS**  
(optional)



**JB-Set**

Includes: 2.5, 5, 7.5 10, 12.5 and 15-lbs. and one each MVJB-6 rack.



### Jelly Bell Club Pack

Includes: 2.5-lb. x 12 pairs, 5-lb. x 10 pairs, 7.5-lb. x 8 pairs, 10-lb. x 6 pairs, 12.5-lb. x 4 pairs, 15-lb. x 4 pairs, and rack. 800-lbs. total weight. (casters are optional) 43" L x 30" W x 41" H.

CP-JB-2T

**gel-grip**  
S E R I E S™

# JELLY BELLS



## Urethane Gel-Bars

Hampton Gel-Bars feature eight translucent urethane colors. The strategically placed grips take all of the guesswork out of positioning your hands during your workout. Backed by the industry's strongest five-year commercial warranty, replacing group exercise products is a thing of the past.

Available in 5-lbs., 7.5-lbs., 10-lbs., 12.5-lbs., 15-lbs., 17.5-lbs., 20-lbs. and 25-lbs.



GB



GBR

# GEL-BARS



## Urethane Gel-Pump-System

The group exercise barbell wielding culture can pump, clean and lunge for years without the fear of recycled odors and the decomposition of their group exercise products. The Gel-Pump-System features urethane coated plates with stainless steel hubs for easy access on and off the bar. Our attractive racking system rolls anywhere you are holding your classes.



### Gel-Pump-System Club Pack

The CP-GP club pack includes one rack with 20 bars, 40 each of the 10-lb., 40 each of the 5-lb., 40 each of the 2.5-lb. plates as well as 20 pairs of Spring Lock Collars.



RLC



LJC-1  
Additional Upgrade



CP-GP

# GEL-PUMP-SYSTEM



## Hampton Olympic Grip Plates

Hampton's new HOG (*Hampton Olympic Grip*) plates have an advanced design that makes them more attractive and functional than ever. Generous grips make them easy to pick up off the floor or rack, and the recessed design all but eliminates the risk of pinched fingers when stacking.



# HAMPTON OLYMPIC GRIP PLATES





## Urethane

HOG-U-45 thru HOG-U-2.5

Our urethane plates feature the strongest, most durable coating in the industry. Not only will your plates look sharper for longer, they help protect floors and equipment from scratches. The stainless steel hub provides extra durability and makes this plate the most user friendly when sliding it on and off your bar.



## Iron

Pinch resistant design in a durable heat tempered hammertone enamel finish.  
HOG-45 thru HOG-2.5



## Rubber

Rubber coated pinch resistant design offers great protection for floors and equipment.  
HOG-R-45 thru HOG-R-2.5

# HAMPTON OLYMPIC GRIP PLATES

## Power Club Pack

Power lifting is what this Club Pack is all about. Durability is the hallmark of these double-flanged Power Plates. The iron plate is actually grooved around the rim so that the smooth rubber encasement remains more securely in place. The Power Club Pack includes a steel-constructed rack made especially for these training plates and storage for two international bars. High schools and universities all over the world feature these plates in their facilities.



### Power Club Pack

990-lb. Power plate set with plate/bar rack. Set includes rack and plates: 12 x 45-lbs., 6 x 35-lbs., 6 x 25-lbs., 6 x 10-lbs., 6 x 5-lbs.. 34" W x 24" D x 51" H. CP-PBP



# OLYMPIC BUMPER PLATES

## Urethane Kettle Bells

For over 300 years, the Russians have been evolving the Kettlebell to be a brutally effective tool for developing strength, power and mutant work capacity. Kettlebells returned to America in 2001 and their popularity has grown steadily each year. Hampton now offers a premium quality, Russian classic design, urethane coated Kettlebell ranging from 5 to 100 pounds to match the needs of the rapidly growing army of Kettlebell enthusiasts for home or health club use. Grab the handle of true "old school" training and understand what real functional strength is all about.



HKBU  
Urethane Coated



HKB  
Iron



CP-HKB-3T



CP-HKB-POD

### Kettle Bell Sets

Includes: 5-lbs., 10-lbs., 15-lbs., 20-lbs., 25-lbs., 30-lbs., 35-lbs., 40-lbs., 45-lbs., 50-lbs., 60-lbs., 70-lbs., 80-lbs., 90-lbs., 100-lbs.

# KETTLE BELLS

## International Club Elite Bars

Our Club Elite International Bar series incorporates bronze bushings to ensure balance and the smoothest rotation possible. Our power bars feature heat tempered, high stress alloy steel to protect against bending. Hampton's exclusive anodized chrome finish is guaranteed never to chip, flake or peel. All bar sleeves are pinned through the end of the shaft guaranteeing the ends will not come loose. Durable rubber end caps protect floors, plates and freestanding equipment from accruing damage.

### International Club Elite 10 Bar Club Pack

Included in the 10 Bar Club Pack:

#### Five specialty bars:

- Two IB-53-CE
- One IB-35-CE
- One IB-42-CE
- One IB-72-ACE 15-lb. training bar

#### Five standard bars:

- Three IB-86-15CE
- One IB-72-CE
- One IB-60-CE

The pack is complete with four pairs of Lock Jaw collars and custom 10-bar rack.

25" W x 30" D x 84" H

CP-IB-10



CP-IB-10



IB-53-CE



IB-HX-HL



IB-35-CE



IB-49-CE



IB-86-APB



IB-86-15CE



IB-86-7CE



IB-60-CE



IB-72-ACE (15-lb. Training)



IB-72-CE



IB-500



IB-47

An excellent start-up package for new facilities!

# INTERNATIONAL BARS



# Accessories

Hampton Fitness accessories will add style and class to any fitness facility. From our exclusive bar collars to our washable bar pads. We make it easy to accessorize your facility with the durability and aesthetics your customers deserve.



IBP (4" x 17")



JBR-CASTERS  
GP-CASTERS  
NHR-CASTERS



ISLC

RSLC



SS-GRAY



SP-2.5  
SP-5



BDC



LJC



LJC-PRO



LJC-1

# ACCESSORIES



**MV-2-5** (W: 18" D: 9" H: 24")  
Holds CBGR, DBU, & PH  
5 pairs up to 25 lbs.



**VH-5** (W: 14.5" D: 15" H: 40")  
Holds CBGR, DBU, & PH  
5 pairs up to 75 lbs.



**V-TT-5** (W: 31" D: 22" H: 41")  
Holds CBGR, DBU, & PH  
5 pairs up to 75 lbs.



**MV-JB-6** (W: 18" D: 9" H: 32")  
Holds JB-JELLY BELLS  
6 pairs up to 15 lbs.



**V-2-8** (W: 18" D: 9" H: 42")  
Holds DBU, CBGR & PH  
8 pairs up to 30 lbs.



**V-2-10** (W: 18" D: 8" H: 42")  
Holds CBGR, DBU & PH  
10 pairs up to 35 lbs.



**V-4-13** (W: 23" D: 16" H: 42")  
Holds CBGR, DBU & PH  
13 pairs up to 50 lbs.



**V-4-16** (W: 18" D: 16" H: 42")  
Holds CBGR, DBU & PH  
16 pairs up to 50 lbs.



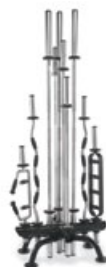
**V-MBR-5** (W: 12" D: 12" H: 44")  
Holds machine attachments  
7 pieces (not included)



**V-MBR** (W: 27" D: 17" H: 46")  
Holds CP-MBU 15 PC Machine  
Bar Set (not included)



**FNR-1** (W: 36" D: 36" H: 40")  
Holds All Olympic Plates



**IBR-10** (W: 33" D: 22" H: 10")  
Holds Any 10 Olympic Bars



**IBR-4** (W: 18" D: 18" H: 13")  
Holds four Olympic Bars



**IPT-2B** (W: 30" D: 32" H: 55")  
Holds All Olympic Plates  
and Two Olympic Bars



**IPT-BP** (W: 30" D: 32" H: 55")  
Holds Bumper Plates  
and Two Olympic Bars

# VERTICAL RACKS



**2T-SDL-6** (W: 59" D: 22" H: 32")  
Holds GGUD, PUD & FDG



**2T-SDL-10** (W: 98" D: 22" H: 32")  
Holds GGUD, PUD & FDG



**3T-SDL-15** (W: 98" D: 24" H: 42")  
Holds GGUD, PUD & FDG



**3T-CD-12** (W: 48" D: 26" H: 32")  
Holds CBGR



**2T-CBGR-6** (W: 37" D: 22" H: 32")  
Holds CBGR



**1T-FLT** (W: 95" D: 24" H: 32")  
Holds DBU, PH & HKB



**2T-FLT** (W: 95" D: 27" H: 32")  
Holds DBU, PH & HKB



**3T-FLT** (W: 52" D: 28" H: 42")  
Holds DBU, PH & HKB



**HV-3T** (W: 47" D: 20" H: 38")  
Holds GGUD, PUD, FDG  
CBGR, DBU & PH



**BBR-10** (W: 36" D: 24" H: 53")  
Holds UB-C/S, PUB-C/S,  
FBG-C/S, DB-C/S



**JBR-2T** (W: 46" D: 32" H: 43")  
Holds JB, DBU & NH



**HKB-R-6** (W: 32" D: 19" H: 18")  
Holds HKB 5-100 lbs.



**NHR** (W: 40" D: 25" H: 42")  
Holds DBU & NH



**GPS** (W: 51" D: 28" H: 56")  
Holds 40 x 10-lbs., 40 x 5-lbs.,  
40 x 2.5-lbs. plates, 20 gel-grip bars  
and 20 pairs of collars



**GBR** (W: 21" D: 19" H: 41")  
Holds Any 28 Aerobic Gel-Bars



**KB-3T** (W: 36" D: 18" H: 38")  
Holds HKB 5-50 lbs.

# HORIZONTAL RACKS

## Machine Attachment Bars

These cable-machine accessories are all hard chrome-coated with ergonomic urethane grips, and the set includes a vertical racking system to keep them all in order. Unlike their foam counterparts, our urethane grips don't absorb sweat and are much more hygienic and durable.



**CP-MBU-SET**  
W: 27" D: 17" H: 46"



**CP-HTP-SET**  
W: 27" D: 17" H: 46"



**CP-MBR-SET**  
W: 12" D: 12" H: 44"

### Machine Attachment Bars Club Packs

**CP-MBU-SET** includes Vertical Machine Attachment Rack and 15 attachments.

**CP-HTP-SET** includes Vertical Machine Attachment Rack and 8 attachments:

**CP-MBR-SET** includes Vertical Machine Attachment Rack and 5 attachments:



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# MACHINE ATTACHMENT BARS